REGULATION 48

GRADUATE CERTIFICATE IN GUIDING MEDITATION

Approved by Council: 3 December 2014
Revised by Council: 26 April 2017

48.1 Admission and Enrolment

48.1.1 A person may apply to the Academic Board to enrol as a candidate for the Graduate Certificate in Guiding Meditation if he or she:

a) has obtained or is qualified to obtain a Bachelor degree from the University of Divinity or from a university or college recognised by the Academic Board; or

b) has a minimum of five years of relevant work experience or relevant professional attainment to a standard recognised by the Academic Board.

48.1.2 Notwithstanding any other provision in this Regulation, the Academic Board may require an applicant to demonstrate fitness for admission by carrying out such work and sitting for such examinations or meeting such other standards as the Academic Board may determine.

48.1.3 An applicant who meets the requirements of the Academic Board may be admitted as a candidate for the Graduate Certificate in Guiding Meditation in a College of the University.

48.1.4 Every candidate for the Graduate Certificate in Guiding Meditation must be enrolled during the period of candidature at a College of the University, and must comply with the requirements of that College and of the University. Candidates may study units offered at other Colleges of the University.

48.1.5 The Academic Board may discontinue the candidature of any person whom it deems to have made unsatisfactory progress.

48.2 Course Structure

48.2.1 The standard full-time duration of the Graduate Certificate in Guiding Meditation is six months. The Graduate Certificate in Guiding Meditation must be completed in not less than six months and not more than two years from the date on which the course is commenced, not including any approved periods of leave of absence, unless the Academic Board determines otherwise.

48.2.2 Every course of study for the Graduate Certificate in Guiding Meditation must consist of 45 points.
48.2.3 The Academic Board must determine course outcomes for the Graduate Certificate in Guiding Meditation.

48.2.4 The Academic Board must determine the number and type of units required to complete the course of study and to meet the course outcomes for the Graduate Certificate in Guiding Meditation.

48.2.5 No candidate for the Graduate Certificate in Guiding Meditation may enrol in more than 45 points in any one semester, unless the Academic Board determines otherwise.

48.3 Credit

48.3.1 The Academic Board may grant credit of up to 20 points towards the Graduate Certificate in Guiding Meditation. The Academic Board may determine specific credit arrangements for the Graduate Certificate in Guiding Meditation. Where credit is granted, the minimum term for completion of the Graduate Certificate in Guiding Meditation is reduced accordingly.

48.4 Award

48.4.1 When a candidate has completed the requirements for the Graduate Certificate in Guiding Meditation, the Academic Board may recommend that the award be made to the candidate. A candidate to whom such an award has been made is entitled to use the letters ‘GCGM’ as a suffix to his or her name.
48.2 Course Structure

48.2.3 Statement of Rationale and Course Outcomes

The Graduate Certificate in Guiding Meditation is designed for those seeking to learn the methods and skills of teaching meditation and meditative prayer in a variety of situations including primary and secondary schools, parishes, hospitals and other settings. The course includes the history and practice of meditation and *lectio divina* and provides an opportunity for students to reflect on their own spiritual gifts.

Professional Accreditation

The Graduate Certificate in Guiding Meditation is accredited by the Meditation Association of Australia. The Course fulfils the membership requirements for Meditation Australia. Please note that individual applicants for Meditation Australia membership must verify that they have completed a minimum of two years of personal meditation practice.

Graduates of the Graduate Certificate in Guiding Meditation:

1. have knowledge of the practice of meditation and *lectio divina* in the Christian tradition;
2. have knowledge of the relationship between spiritual and psychological factors, and methods for developing them as an integrated whole;
3. have capacity to critically engage with the Christian prayer tradition in relation to the contemporary context including other spiritual traditions and scientific perspectives;
4. apply and assess appropriate models of prayer and meditation in various pastoral contexts;
5. apply and reflect on the communication skills required to lead meditation in a range of contexts.

48.2.4 The Graduate Certificate in Guiding Meditation consists of 45 points comprised of:

a) DS8600C Meditation in the Christian Tradition

b) DS9610C Applied Meditation

c) DS9620C Meditation and Wholeness

48.3 Credit

48.3.1 General provisions relating to credit are determined by the Academic Board in accordance with Regulation 2.